



BD Provisions Shopping List

*This list is subject to change without warning as we discontinue items and bring in new items.

Baking & Mixes	
64% Dark Chocolate Wafers	
Blueberry Muffin Mix	
Brownie In A Jar	
Bread Mix - Gluten Free	
Brownie mix	
Buckwheat Pancake Mix	
Butter Milk Pancake Mix - Non GMO	
Carob Drops (Sweetened)	
Carob Powder	
Chocolate Chip Cookie Mix	
Cookie In A Jar - Chocolate Chip	
Cookie In A Jar - Gluten Free	
Cookie In A Jar - Healthier Chocolate Chip	
Cookie In A Jar - Oatmeal	
Cookie In A Jar - Oatmeal Gluten Free	
Graham Cracker Crumbs	
Milk Chocolate Chips	
Milk Chocolate Wafers	
Mini Multi Colored Candy Coated Chocolate	
Oatmeal Cookie Mix	
Organic Shredded Coconut	
Pizza Dough mix	
Reese's Peanut Butter Chips	
Semi Sweet Chocolate Chips	
Sugar Cookie Mix	
Sweetened Fancy Long Shredded Coconut	
Tapioca Flour - Gluten Free	
White Chocolate Wafers	
Whole Wheat Flour - Organic	
Flour/Sugar	
All Purpose Flour	
All Purpose Flour- Gluten Free	
Almond Flour- Gluten Free	
Brown Rice Flour, Gluten Free	
Coconut Flour- Organic, Gluten-Free	
Dark Brown Sugar	
Fine Yellow Cornmeal	

Olive Oils	
Arbequina Extra Virgin Olive Oil	
Bacon Olive Oil	
Basil Olive Oil	
Blood Orange Olive Oil	
Garlic Olive Oil	
Herbs de Provence Infused Olive Oil	
Italian Herbs Olive Oil	
Jalapeno Olive Oil	
Vinegars	
Cask 8 Balsamic Vinegar	
Champaign Balsamic Vinegar	
Fig Balsamic Vinegar	
Honey Ginger Balsamic Vinegar	
Pear Champaign Vinegar	
Pumpkin Spice Balsamic Vinegar	
Raspberry Balsamic Vinegar	
Pasta	
Alphabet	
Bow Tie - Organic	
Couscous	
Couscous with Chives and Saffron	
Elbow	
Orzo	
Rigatoni	
Rotini, Tri-color	
Elbow - Gluten Free	
Penne - Gluten Free	
Shells - Gluten Free	
Spirals - Gluten Free	
Popcorn	
Medium White Popcorn	
Rainbow Popcorn	
Sweet Popcorn	
Rice & Grains	
Arborio rice	
Black Thai Rice, Purple Sticky	
Brown Basmati Rice	



Granulated Sugar
Light Roasted Yellow Corn Flour- Gluten Free
Monk fruit
Organic Coconut Palm Sugar
Rolled oats- Organic
Semolina flour
Sucanat, Organic
Whole Wheat Flour
Xanthan Gum

Chocolate

Almonds Jewels- Dark Chocolate
Apple Pie Almonds
Blueberry Pie Almonds
Candy Coated Chocolate
Candy Coated Chocolate covered Peanuts
Carob Coated Raisins
Chocolate candy coated sunflower seeds
Chocolate covered Dried Fruit
Chocolate Covered Mini Pretzels
Chocolate Covered Peanuts (double Dipped)
Dark Chocolate Almonds
Dark Chocolate Bridge Mix
Dark Chocolate Cherries
Dark Chocolate covered Raisins
Dark Chocolate espresso Beans
Dark Chocolate Ginger
Dark Chocolate Mini Pretzels
Dark Chocolate Pecan Caramel Clusters
Dark Chocolate Strawberries
Hot Chocolate Mix
Milk Chocolate Almond Butter Toffee
Milk Chocolate Caramel Peanut Clusters
Milk Chocolate Gummi Bears
Mini Buckeyes
Mini Mint patties
Mini Peanut Butter Cups
Red Chocolate Cherries
Sparkling Prosecco Cordials
Strawberry & Creme Cordials
Sugar Free Dark Chocolate Sea Salt Carmel
Sugar Free Milk Chocolate Almond Bark

Bulgur Wheat
Cheddar Broccoli & Rice
Cilantro Lime Rice
Farro Grain
Farro Grain
Jade Pearl Jasmine Rice
Lentil Pilaf
Organic Cracked Freekeh
Parboiled Brown Rice
Pearl Couscous
Pearled Barley, Organic
Ruby Rice Pilaf
Spicy Quinoa, Organic
Tri Color Quinoa
White & Wild Rice Pilaf
White Basmati Rice, Non GMO

Snack Mixes

4 Color Wasabi Soy beans
Beet Corn Sticks
Bridge Mix
Buffalo Pretzel Pieces
Carob Spirulina Energy Bites, Organic
Chocolate chip Almond Energy Bite, Organic
Chocolate Raspberry Truffle Snack Mix
Coconut Fig Superfood, Organic
Crisp Vegetable Chips
Dilled Pretzels
Energy Mix
Fat Free Waffle Pretzels
Fennel Candy
Fruit Fitness Snack Mix
Honey Mustard Pretzel
Honey Sesame Crunch Brittle
Honey Wheat Pretzel
Hot & Spicy Mix
Indian Summer Rice Mix
Lemon Pomegranate Energy Bite, Organic
Mini Pretzels
Organic Sesame sticks
Oriental Rice
Peanut Butter filled Pretzels



Sugar Free Milk Chocolate Caramel Vanilla
Swiss Mocha Cappuccino Mix
Tiramisu Almonds
Tri-Colored Chocolate covered espresso beans
Vanilla Caramels with Sea Salt (milk Chocolate)
Beans
Black Beans - Organic
Black Eyed beans
Garbanzo Beans (Chick Peas)
Great Northern Beans
Green Split Peas
Kidney Beans
Lentils
Light Red Kidney Beans
Navy Beans
Pinto Beans
Red Lentils (Hulled)
Yellow Split Peas
Dog Biscuits
Grain free banana carrot Dog Biscuits
Grain Free Sweet Potato Dog Biscuits
Peanut butter Dog Biscuit
Dressing/Dip Mixes
Bacon and Horseradish dip mix
Black Bean Mix - Organic
Caramel Apple Dip Mix
Cucumber & Dill Mix
French Onion Dip Mix
Garlic & Herb Vegetable Dip Mix
Italian Dressing premade
Key Lime Pie Dip Mix
Ranch Vegetable Dip Mix
Refried Pinto Bean Mix
Dried Fruit
Apples Dried
Banana Chips (unsweetened)
Coconut Smiles - Organic
Crystalized Ginger Slices
Dried Bing Sweet Cherries
Dried Blueberries
Dried Cranberries
Dried Mango

Pineapple Habanero Crunch
Salted Caramel Snack Mix
Sourdough Nuggets
Super Green Energy Bites, Organic
Sweetened Banana Chips
Sweetened Banana Chips
The 19th Hole Snack
True Berry Mix
Wake Up Crunch Snack
Wasabi Pea
Wheat Nuts
Spices
Agar Agar
Allspice, Ground Organic
Ancho Chilies
Anise Seed, Organic
Apple Pie Spice
Baobab Fruit Powder, Organic
Basil Leaf
Bay Leaves, Whole
Beef Bone Broth
Beet Powder- Organic
Berbere- Organic
Black Pepper, Fine ground
Cacao Nibs, Whole
Cacao Powder, organic
Cajun Blackened Seasoning
Cardamom Pods, Green- Organic
Cardamom Seeds
CAYENNE 35,000 HU**** ORGANIC
CAYENNE 35,000 HU**** ORGANIC
Celery Leaf, Organic
Chili Powder Blend- salt free - Organic
Chipotle Chilies Organic
Chipotle Smoked Jalapeno Powder
Chives, Dehydrated
Chlorella
Cinnamon Ceylon ORGANIC
Cinnamon, Vietnamese, organic
Clove Powder
Clove, Whole
Cocoa Powder, (non alkalized) organic fair trade



Fancy Sierra Figs
Green Apple Chips
Mixed Dried Fruit
Papaya Spears
Pineapple Rings
Seedless Raisins
Turkish Apricots
Whole Pitted Dates
Beef Sticks
Beef Sticks, Hot
Beef sticks, Mild
Pepperoni Sticks
Nut Butter
Fresh Ground Honey Roasted Butter
Fresh Ground Almond Butter
Fresh Ground Peanut Butter
Fresh Ground Cashew Butter
Honey roasted chocolate peanut butter
Mixed Nut Butter
Honey & Syrup
Local Wildflower Honey
Bourbon Barrel Aged Maple Syrup - Organic
Maple Syrup (Grade A Amber, Organic)
Bulk Misc.
Italian Wedding Soup
Mini Animal Crackers
Mini Soup Crackers
Old Fashioned Fry Meal
Panko Bread Crumbs
Peanut Protein Powder
Salad Toppers
Seasoned Bread Crumbs
Soup Vegetables
Nuts & Seeds
Almonds
Almonds Blanched Slivered
Almonds, Roasted & Salted
Butter Toasted Peanuts
Butter Toffee Almonds
Butter Toffee Cashews
Cashews, Sriracha
Cashews, Whole, Roasted & Salted

Coriander Seed Powder
Cumin Seed Ground
Curry powder vindaloo ORGANIC
Curry Powder, Organic
Dill Weed
Elderberries, Whole organic
Elderberry Syrup in a Jar
Everything Bagel Topping
Fennel Seed Powder
Fennel Seeds
Fenugreek seed Powder, Organic
Five Spice Powder
Garam Masala, Organic
Garlic Granules
Garlic Powder
Garlic- Roasted
Garlic, Minced- Organic
Ginger Root Powder, Organic
Herb de Provence, Organic
Himalayan, Fine Ground
Italian Dressing Mix
Jamaican Jerk Seasoning Blend
Kosher Flake Salt
Lemon Peel, Organic
Lemongrass, Organic
Masala Chai Spice
Mexican Seasoning
Moringa Powder - Organic
Mustard Ground, Yellow- Organic
Mustard Seed, Whole Organic, Brown
Nutritional Yeast, Mini Flake- Organic
Onion, Minced, White, Organic
Onions, White Flakes, Toasted
Orange Peel, Organic
Oregano Leaf, Organic
Paprika, ground Hungarian
Paprika, Smoked Spanish ground
Parsley Leaf, Organic
Pepper, whole 3 pepper blend
Peppercorns, Whole, Black
Poppy Seed, Whole
Porchetta Seasoning Bayberry



Chia Seeds, Black
Coconut strips Molasses
Coconut Strips Peanut Butter
Edamame, Roasted & Salted
Fancy Raw Cashews
Filberts Shelled
Flax Seed, Meal
Golden Flax Seed
Honey Pecan Halves
Honey Roasted Peanuts
Honey Toasted Cashews
Macadamia Nuts, Roasted & Salted
Mixed Nuts, Roasted & Salted
Peanuts, Hot & Spicy
Peanuts, Large, Roasted & Salted
Peanuts, Sriracha
Pecan Halves
Pine Nuts Organic
Pistachios Roasted No Salt
Pistachios, Chili Lemon
Pistachios, Garlic & Onion
Pistachios, Jalapeno
Pistachios, Shells on, Salted
Pumpkin Seeds, Raw
Roasted & Salted Pumpkin Seeds in Shell
Roasted Salted Chickpeas
Roasted Whole Cashews, Salted
Sesame Seeds, Hulled & Raw
Shelled Brazil Nuts, Whole
Soybeans, Honey Roasted with salt
Spanish Peanuts Roasted and Salted
Sunflower, Raw
Walnut, Halves & Pieces
Oats
Bulgur Wheat
Cinnamon Apple Oatmeal
Cinnamon Apple Oatmeal
Cinnamon Pecan Sticky Bun Oatmeal
Gluten Free Old Fashioned Rolled Oats
Goji Blueberry Golden Flax Oatmeal
Medium Rolled Oats
Steel Cut Oats - Gluten Free

Pumpkin Pie Spice
Rosemary Leaf whole, Organic
Sage Leaf Powder, Organic
Salmon/Fish/Poultry Rub
Salt, Applewood Smoked
Sea Salt, Fleur de Sol
Sesame Seeds, Hulled- Organic
Spirulina- Organic
Star Anise, Organic
Stevia
Tandoori Masala seasoning organic
Tarragon
Thyme Leaf
Turmeric Organic
Vanilla Bean
Whole Nutmeg
Teas
Assam Black, organic
Berry Blend
Blood Orange Pear, organic
Chamomile
Chocolate Mint
Citron Green
Darjeeling
Dark Energy
Decaf Ceylon
Decaf Orange Pekoe
Detox Blend Herbal
Duchess Grey
Earl Grey
English Breakfast
Iron Goddess
Jasmine Citrus
licorice root
Luscious Licorice, Organic
Masala Chai
Matcha Tea - Organic
Moroccan Mint
Organic Peppermint
Paris
Pineapple Coconut Black, organic
Pomegranate Green, organic



Granola	
	Almond Peanut Butter Granola
	Cinnamon Spice Granola, Organic
	Granola
	Maple Granola, Organic
	Swiss Style Muesli - All Natural
	Very Berry Antioxidant Muesli
Cereals	
	Fruit whirls
	Toasted Oats
	Whole Wheat Flakes
Health, Beauty & Lifestyle	
	All-Purpose Cleaner
	Bamboo Tooth Brushes
	Bamboo Utensils
	Bath Bombs
	Biodegradable Hair Wet Brush
	Charcoal Toothpaste
	Conditioner
	Essential oils
	Foot Scrub
	Hand Soap
	Laundry Detergent
	Lip Balm
	Muktinath - Chakra Meditation Mist
	Muktinath - Energy Clearing Mist
	Shampoo
	Shower Steamers
	Toothpaste Tablets
	Wool Dryer Balls

	Red Zen
	Rooibos Chai
	Rooibos
	Sage Lavender
	Savannah Sunrise
	Scottish Morning
	Sencha
	Turmeric Ginger, Organic
	Wedding Tea
	White Peony
	Yellow & Blue
Coffee	
	Brazil Medium Roast
	Coconut Crunch Flavored Coffee
	Coconut Crunch Flavored Coffee - Decaf
	Colombian Medium Roast
	Colombian SWP Decaf - Dark Roast
	Colombian SWP Decaf - Medium Roast
	Ethiopian Natural - Medium Roast - Organic
	Ethiopian Washed - Light Roast - Organic
	Guatemala - Dark Roast - Organic
	Indian - Dark Roast - Espresso
	Midnight Joe
	Papua New Guinea - Dark Roast - Organic
	Peru Dark Roast - Organic Fair Trade
	Sumatra Dark Roast - Organic Fair Trade